



Breck Foundation is coming to your school...

Who are we and what do we do?

We are a Southeast England-based charity with national relevance and impact, founded in 2014 in response to the tragic loss of Breck Bednar, a 14-year-old boy who was groomed and murdered by someone he met online. Our work aims to prevent this from ever happening again.

We reach thousands of children and young people in schools and other community settings with Breck's story every year. Our talks and educational materials fill a gap in the current UK curriculum that otherwise leaves children vulnerable to online grooming and exploitation.

What will your child learn?

We deliver educational sessions in schools for children from the age of 5 up to 18, but also for parents, teachers, governors and all school staff. Using Breck's story, we deliver powerful, compelling online safety presentations to educate everyone on the dangers that children and young people face online from grooming, exploitation and abuse, as well as from exposure to inappropriate or harmful content.

To find out more about our sessions please see our website:
www.breckfoundation.org/speaker-sessions

FAQs

What should I do if I have concerns about the content of the presentation?

We make sure that the content of our talks is age-appropriate, but if you have any concerns please contact the school staff member organising this event.

What should I do after the presentation?

- Speak to your child about what they thought of the presentation.
- Ask if they have any concerns about the subject.
- Reassure your child they can talk to you about any concerns relating to online behaviour. Remind them to look out for their friends too.

Your school will be provided with post-presentation packs for parents that they can send on, if they do not do so, please remind them!



Breck Foundation:

What's included in the session?

Primary School

We deliver age-appropriate sessions in schools for children and young people. We usually deliver our sessions to two year groups at a time. These sessions are designed specifically to highlight online safety, security and signposting to help in an accessible way.

Sessions for each age grouping include:

Years 1-2: The session is approximately 40 minutes long and focuses on online safety tips, including how to stay safe and what to do if they encounter bad behaviour online.

Years 3-4: The session is approximately 45 minutes long and focuses on online safety tips including how to stay safe and what to do if they encounter bad behaviour online, in this age group we also touch upon catfishing and grooming.

Years 5-6: The session is approximately 1 hour long and includes:

- Breck's story (told in an age-appropriate and sensitive way)
- Gaming and social media
- What is grooming?
- Learning the signs of grooming and how to spot them
- Speaking up and reporting – including who to talk to when reporting online danger
- Where to find help - this can be customised to the school in question to include the services or specialists a school may have





Breck Foundation:

What's included in the session?

Secondary School

In our secondary school sessions, our content is tailored to be age appropriate for the different year groups we are presenting too. We typically present to two year groups at a time with hour-long sessions, including space for questions.

These sessions include detailed references to Breck's story, information on staying safe whilst gaming, how to spot grooming on social media as well as more focused information on online grooming, such as:

- Learning the signs of grooming
- Speaking up and reporting (including, how to tell someone you think you've found a groomer or are being groomed)
- Where to find help (this can be customised to a school's specific services/specialists and signposts teachers and parents)

We also include references to:

- Radicalisation
- County lines grooming
- Gang recruitment
- Sharing nude pictures

These are all types of grooming young people may come across as digital natives. We often customise the information that we share in our presentations for different schools, especially if a school is facing a particular problem that they would like highlighted.

Brecks Last Game: Secondary school students also watch our film, Breck's Last Game. This is officially rated a 15 certificate for cinematic use. However, within an educational setting and with the correct facilitation from a Breck Foundation Speaker the film is widely seen as a valuable educational tool.

We always abide by the discretion of individual schools as to whether it would be suitable for their students - the link to this film is here: https://www.youtube.com/watch?v=U_fExISISv4