

# MY DAY



In the morning...



At noon...



In the afternoon...



In the evening...



At night...





breakfast



brush teeth



computer



homework



library



lunch



cooking



dinner



get up



nursery



school



painting



park



party



play outside



shopping



shower



story



playground



Post Office



prayers



swimming



television



toilet





toys



wash and  
brush teeth



walk the dog



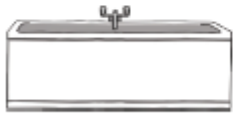
tablet



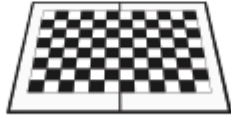
feed the dog



feed the cat



bath



chess



bedtime



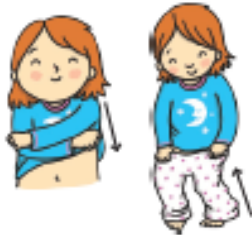
surprise



getting dressed



getting undressed



putting on  
pyjamas

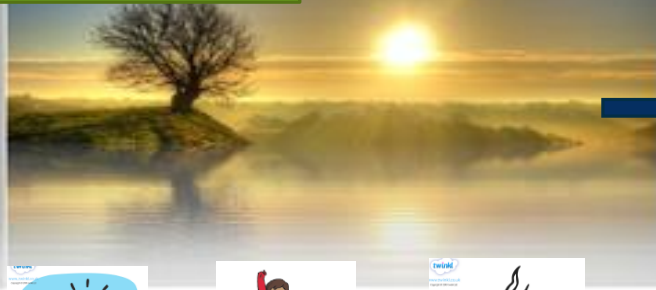


brush hair



put shoes on

In the morning...



Wake Up



getting dressed



Breakfast

At noon...



school

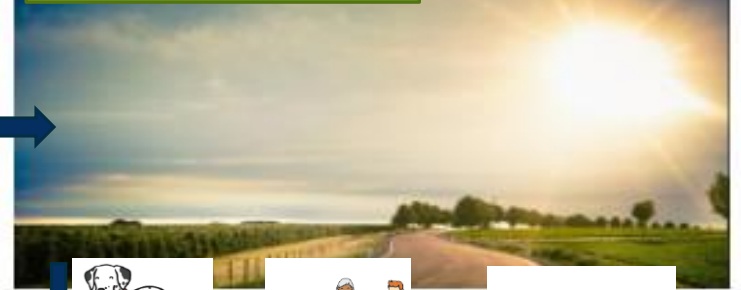


play outside

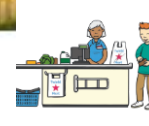


lunch

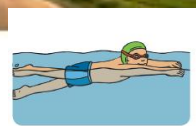
In the afternoon...



feed the dog



shopping



swimming



television



story



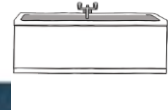
dinner time



prayers



getting undressed

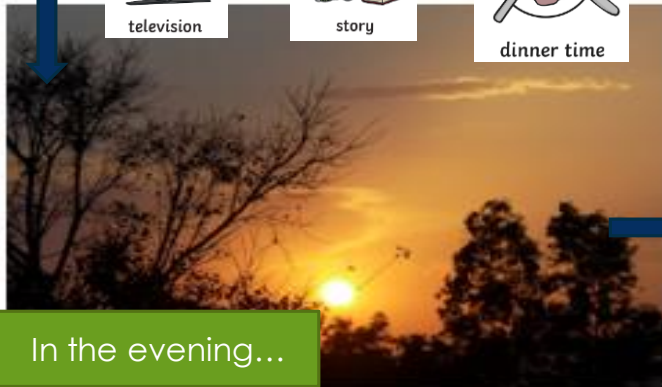


bath

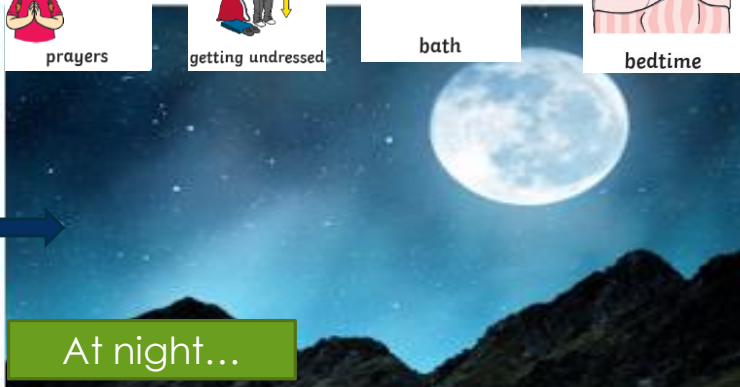


bedtime

In the evening...

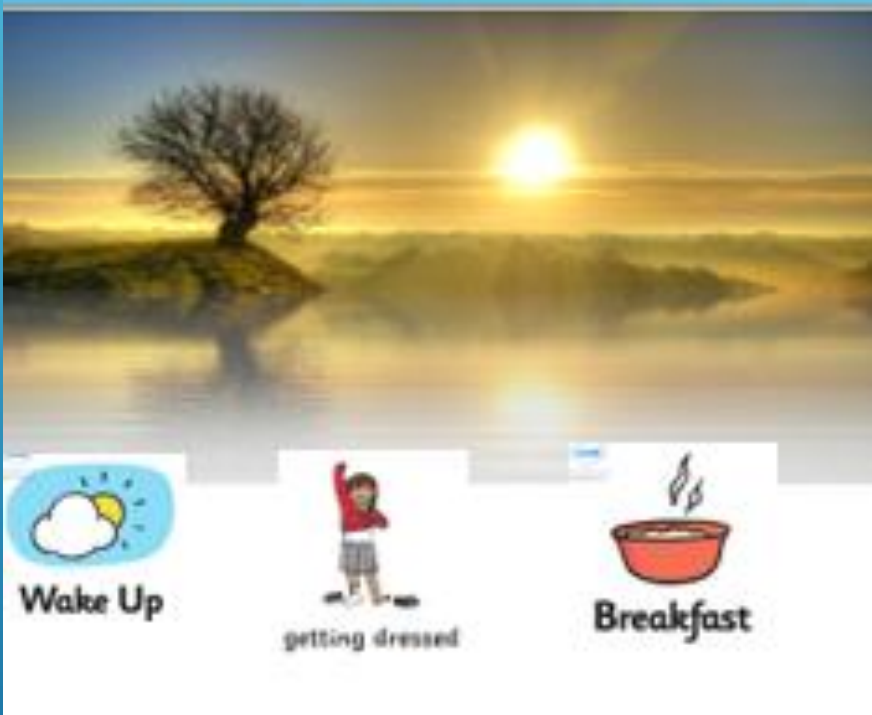


At night...



# IN THE MORNING

- ▶ First, I wake up at 7 o'clock in the morning.
- ▶ Later, I get dressed.
- ▶ After that I have my breakfast



First, I...

What do you do  
in the morning?

After that I ...

Later, I...



# AT NOON



- ▶ At noon I am still at school.
- ▶ I have lunch at 12 o'clock .
- ▶ Then I play outside.

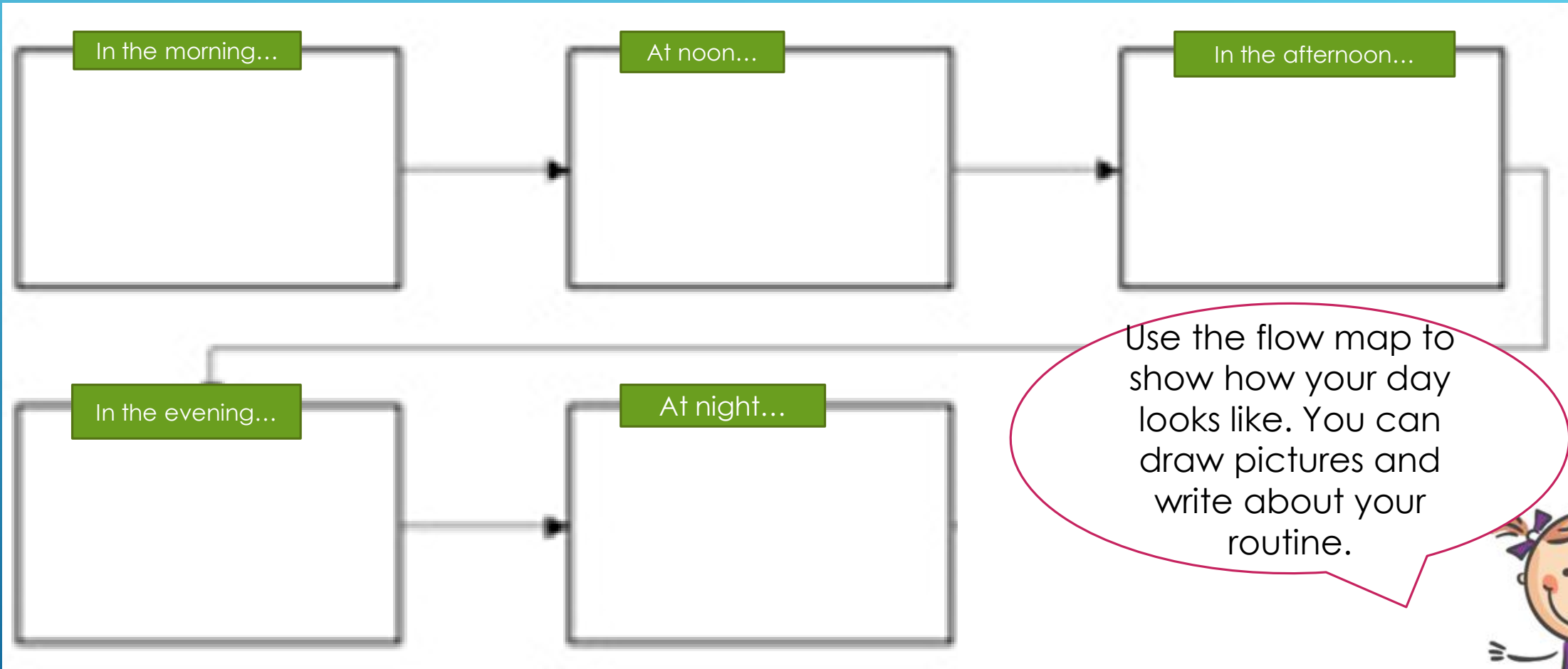
At noon...

I have lunch...

Then I...

What do you do  
at noon?





Use the flow map to show how your day looks like. You can draw pictures and write about your routine.







What do you do  
in the  
afternoon?

What do you do  
in the evening?

What do you do  
at night?

Tell me more about  
your day!



# HOW OFTEN DO YOU...?



Often,  
Again,  
Daily,  
Weekly,  
Fortnightly,  
Yearly,  
Sometimes,  
Rarely,  
Every second,  
Twice a year,  
Once a minute,  
Once,  
Once or twice,  
Three times,  
Constantly,  
Regularly,  
Frequently,  
Infrequently,  
Occasionally,  
Rarely,  
Never in my life,  
Never before,

-How often do you do shopping?  
-I do shopping weekly.

-How often do you go swimming?  
-I regularly go swimming.

-How often do you watch TV?  
-I watch TV daily.

-How often do you do play chess?  
-I never play chess.

This is what I do.



Activity	Every day	often	sometimes	rarely	never
Brush teeth	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Play piano	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Play with toys	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have a bath	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Eat fish	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

How often do you eat spaghetti?

I sometimes eat spaghetti.

Ask someone about their routine and complete the table

How often do you...	Every day	often	sometimes	rarely	never
brush teeth?					
play piano?					
play with toys?					
have a bathe					
Eat fish?					

The Question Key





## Routines

P L A Y D I N N E R Y P  
S I J G E T U P F B L V  
B R U S H T E E T H U L  
T W W T I D Y U P F N E  
P L A Y G R O U N D C A  
F B R E A K F A S T H R  
R E A D B E D T I M E N  
F Y S C H O O L W Y A W

Puzzle Word List:

BEDTIME  
DINNER  
LUNCH  
READ

BREAKFAST  
GET UP  
PLAY  
SCHOOL

BRUSH TEETH  
LEARN  
PLAYGROUND  
TIDY UP



## Routines

P L A Y D I N N E R . .  
. . . G E T U P . . L .  
B R U S H T E E T H U L  
. . . T I D Y U P . N E  
P L A Y G R O U N D C A  
. B R E A K F A S T H R  
R E A D B E D T I M E N  
. . S C H O O L . . . .

HAVE YOU FOUND ALL OF THE  
WORDS?

Read the text and answer the questions.

GR 1

## I can swim



Read the poem then answer the questions.



I like to play football and I like to run, but I like to go swimming best of all. Today my Dad and Mum are taking me to the swimming pool. I love to swim. The water is cold in the pool. I swim fast to keep warm. My Dad plays with a ball in the water. My Mum swims a long way. Can you see me? No? I am under the water!

Can you answer the questions?

Where do they go?

---

How does the water feel?

---

What is Dad doing?

---

Why does the writer swim fast?

---



GR 1

## I can swim



Read the poem then answer the questions.



I like to play football and I like to run, but I like to go swimming best of all. Today my Dad and Mum are taking me to the swimming pool. I love to swim. The water is cold in the pool. I swim fast to keep warm. My Dad plays with a ball in the water. My Mum swims a long way. Can you see me? No? I am under the water!

Can you answer the questions?

Where do they go?

*They go to the swimming pool.*

How does the water feel?

*The water feels cold.*

What is Dad doing?

*Dad is playing with a ball.*

Why does the writer swim fast?

*The writer swims fast to keep warm.*