

**EMOTIONS,
LIKES AND
DISLIKES**

HOW DO YOU FEEL?

I FEEL...

I AM...



astonished



happy



poorly



nervous



hot



scared



cross



sleepy



confused



cold



excited



surprised



embarrassed



sad



joyful



brave

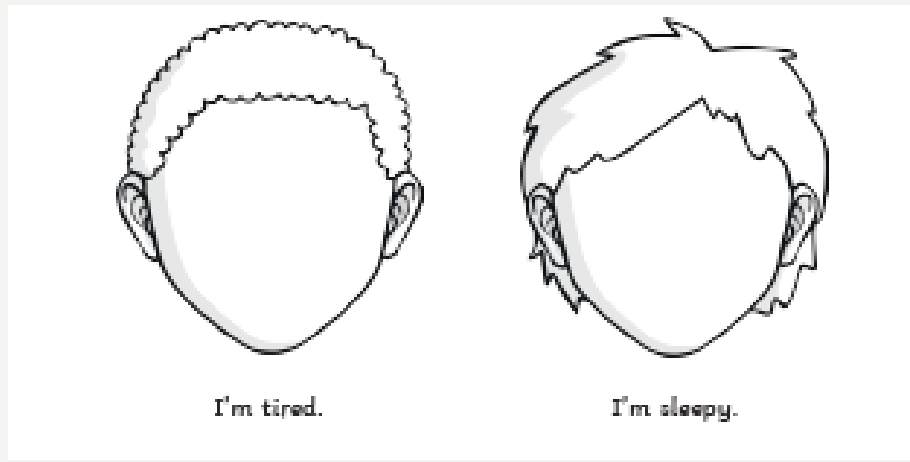
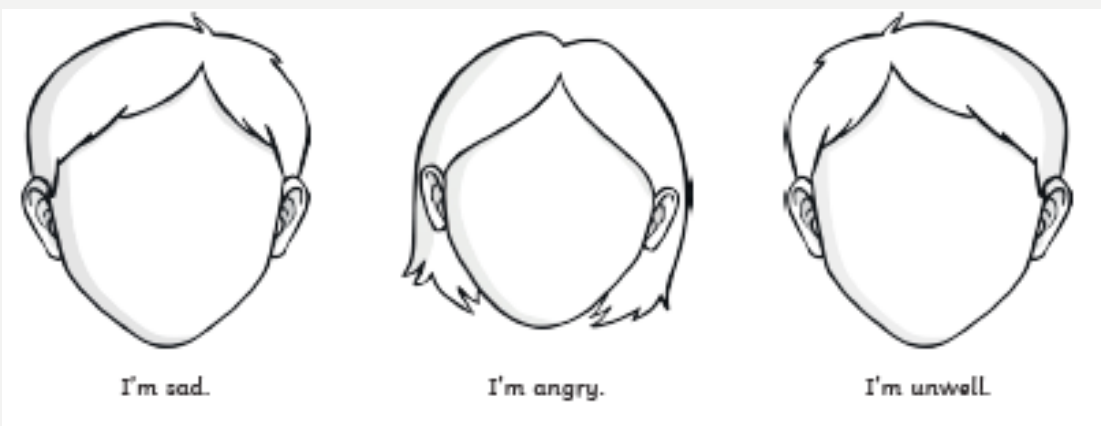


calm



energetic

HOW DO YOU FEEL? DRAW A FACE FOR EACH EMOTION.



PLAY A GAME

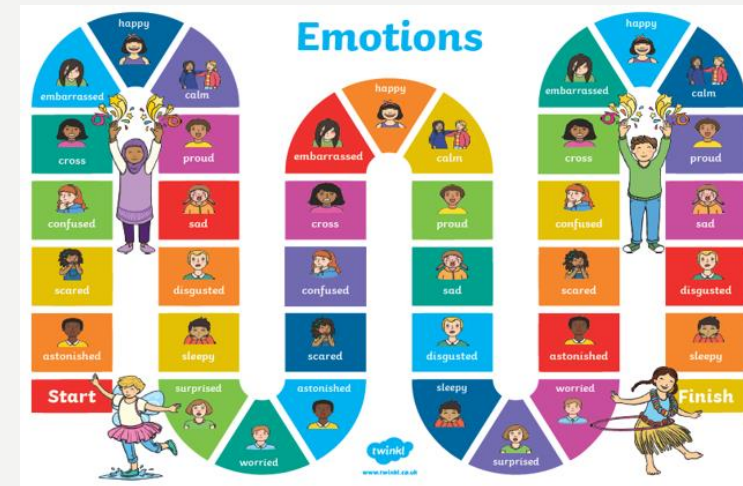
You will need:

- A dice
- The board game (see next slide)
- Someone to play with

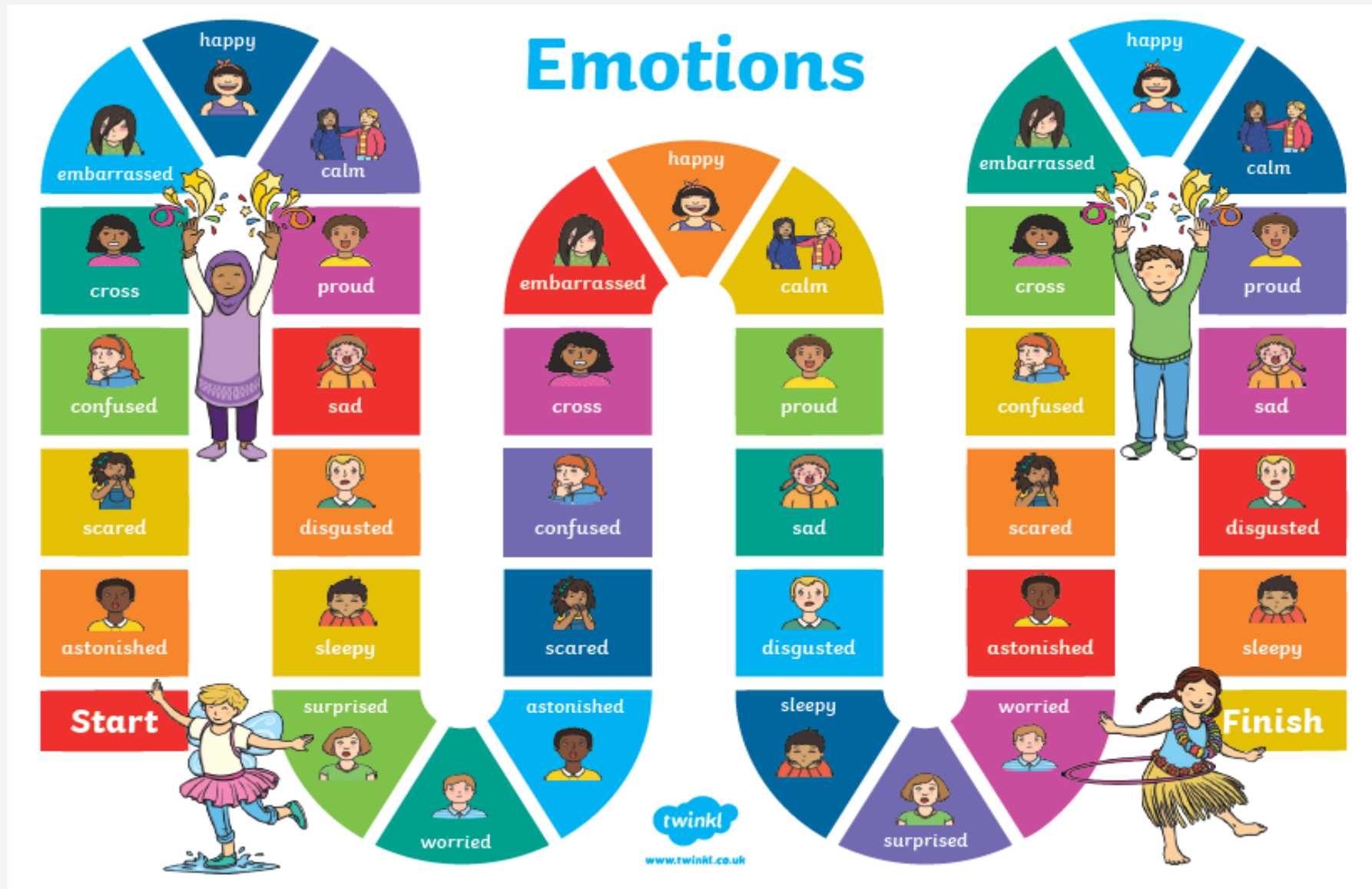
How to play?

Roll the die and move your game piece that number of squares. Read the emotion written in the square and say a time when you have felt this emotion e.g. I feel happy when I am riding my bike.

The game can be for 2-4 players. The first player to get to the end wins!

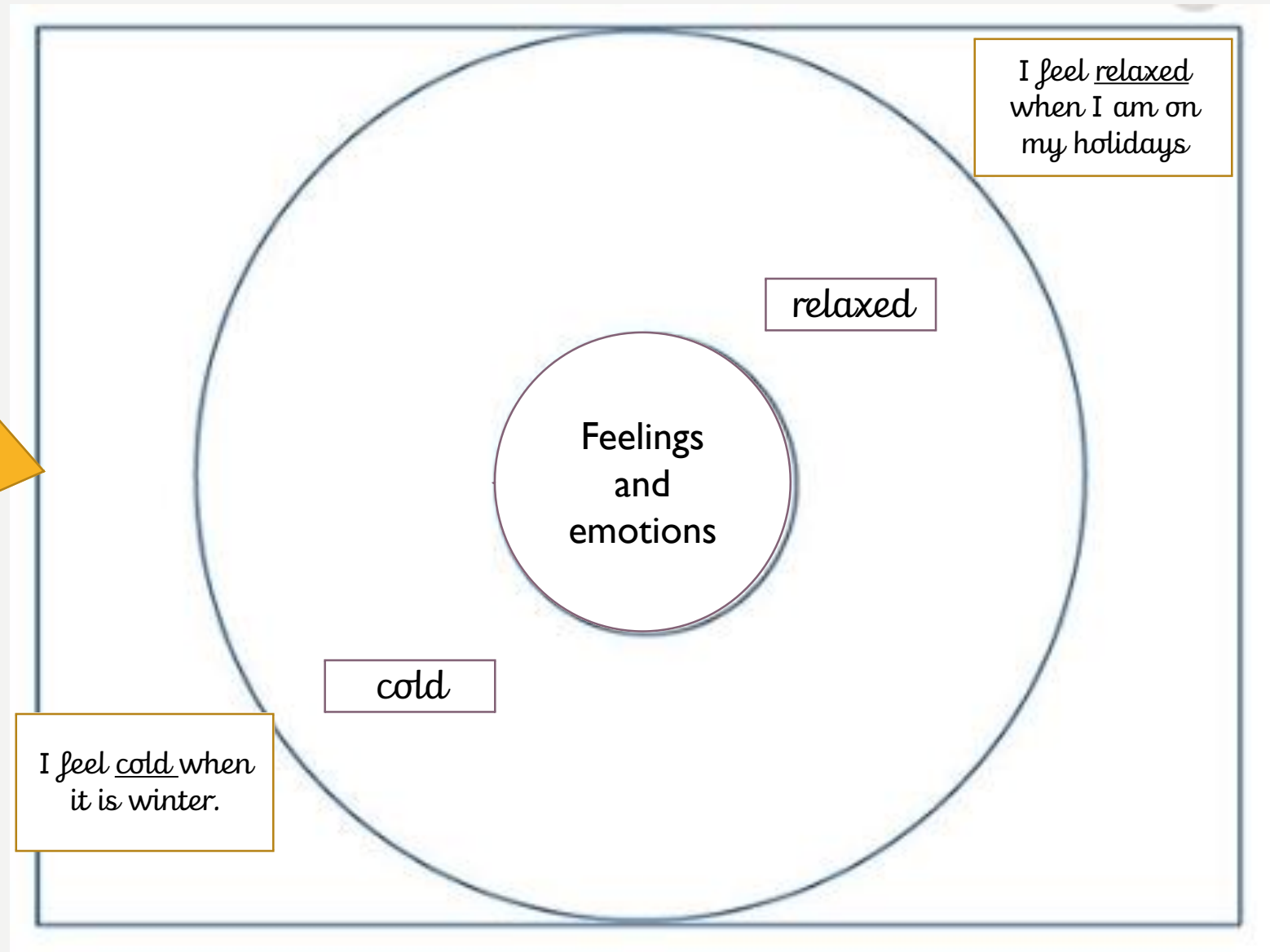


EMOTIONS GAME



HOW DO YOU FEEL?

Fill the circle map with different emotions and feelings. Explain when you feel them.



LIKES AND DISLIKES



EXPRESSING LIKES

- I like...
- I love...
- I enjoy...
- I adore...
- I'm crazy about...
- I'm mad about...
- I enjoy...
- I'm keen on...
- I'm really into...
- I live for...
- ... is my thing
- I'm fond of...









EXPRESSING DISLIKES

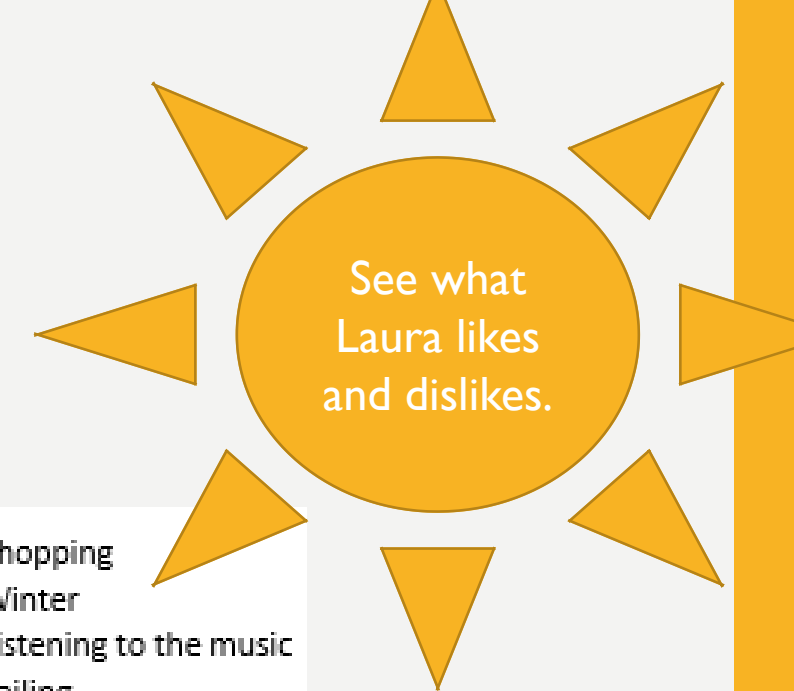
- I don't like...
- I dislike...
- I hate...
- I abhor...
- I can't bear...
- I can't stand...
- I detest...
- I loathe...
- I can't stand
- I don't really care for...
- I'm not into...
- I'm not a huge fan of...





If you love something	If you like something a lot	If you like something	If you neither like nor dislike something	If you don't like something	If you really dislike something
					
<p>"I love eating ice-cream." "I adore sun-bathing." "She's mad about that new boy band." "He's crazy about that girl."</p>	<p>"She's fond of chocolate." "I like swimming very much." "He really likes that new golf course."</p>	<p>"He quite likes going to the cinema." "I like cooking."</p>	<p>"I don't mind doing the housework." In reply to a question if you like something or not, you can say: "I don't really care either way." "It's all the same to me."</p>	<p>"She doesn't like cooking very much." "He's not very fond of doing the gardening." "He's not a great fan of football." "Horse-riding isn't really his thing." "I dislike wasting time."</p>	<p>"I don't like sport at all." "He can't stand his boss." "She can't bear cooking in a dirty kitchen." "I hate crowded supermarkets." "He detests being late." "She loathes celery."</p>





1. Shopping
2. Winter
3. Listening to the music
4. Sailing
5. Reading books
6. Football
7. Tennis
8. Cinema
9. Fighting
10. Rain
11. Skateboarding
12. Swimming

13. Volleyball
14. Basketball
15. Hockey
16. Thunderstorm
17. Cycling
18. Travelling
19. Watching TV
20. Hot weather
21. Water sports
22. Video games
23. Playing cards

Say and
write
sentences
for Laura.



I am crazy about playing
video games.

I like...

I don't mind...

I dislike...

I hate...

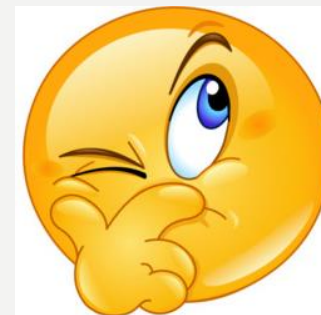
I love...

...

ASK YOUR FAMILY OR FRIENDS



- ✓ Do you like to ... (dance, jog, play computer games etc.)?
- ✓ Are you keen on ... (going to the cinema, playing a card game, etc.)?
- ✓ What do you love to do?
- ✓ What do you hate doing?
- ✓ Do you prefer ... (walk) or(run)?
- ✓ What do you dislike?



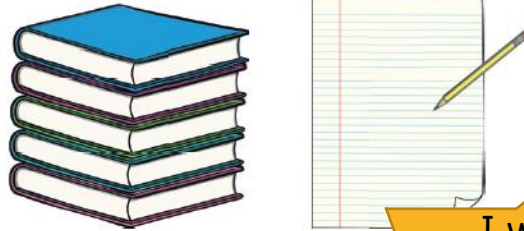
WOULD RATHER GAME

Do you prefer pasta or pizza?
Why?



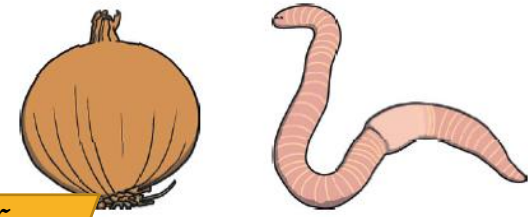
*I prefer chocolate
cake because I
love chocolate!*

Would you rather read a book or
do your homework? Why?



*I would rather
drink a fizzy
drink because it
is sparkly!*

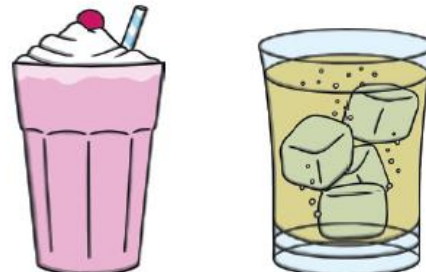
Would you rather eat onions or
worms? Why?



Do you prefer ice cream or
chocolate cake? Why?



Would you rather drink a
milkshake or a fizzy drink? Why?



Would you rather be very hot or
very cold? Why?



EMOTIONS IN ART

1. Circle the emotion you are feeling right now:



Upset



Excited



Surprised



Screaming



Happy



Angry



Tired



Proud



Silly



Furious



Calm



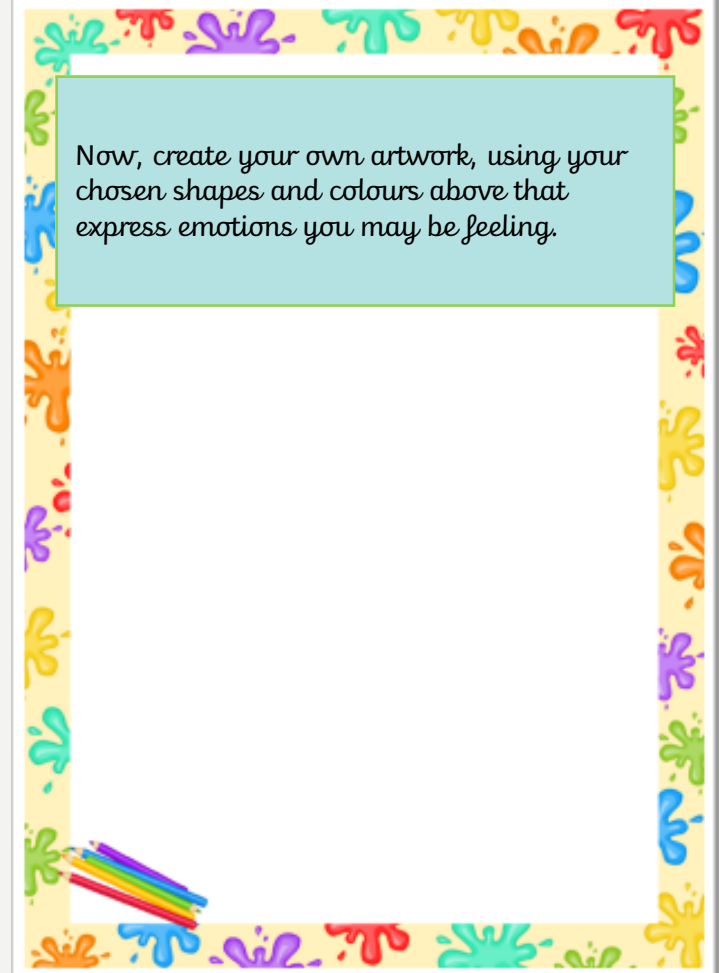
Confused

2. Symbols and colors can connect with different emotions for all people, no matter where you live or where you are from! Learn how colors and shapes relate to emotions below.

COLORS	SHAPES
Red – anger, frustration, stubbornness	▲ Triangle – sharp sides connect to aggression, danger, not balanced
Orange – hot-headed, aggressive, impulsive	● Circle – smooth sides connect to softness, playful, positive, energetic, happy
Yellow – playful, friendly, kind, funny, fun	■ Square – shapes connected to building and stability, strength, dependability
Gold – accomplished, proud	
Green – peaceful, healthy, fresh	
Blue – cool, calm, positive	
Purple – quiet, still, royalty	
Black – deep, heavy, mysterious	
Brown – grounded, strong lightness	
White – connection, peaceful	



Now, create your own artwork, using your chosen shapes and colours above that express emotions you may be feeling.



IF YOU'RE HAPPY AND YOU KNOW IT

<https://www.youtube.com/watch?v=7IhqRT9U0wg>

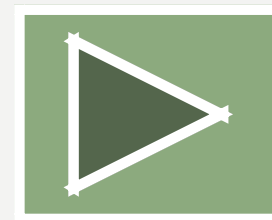
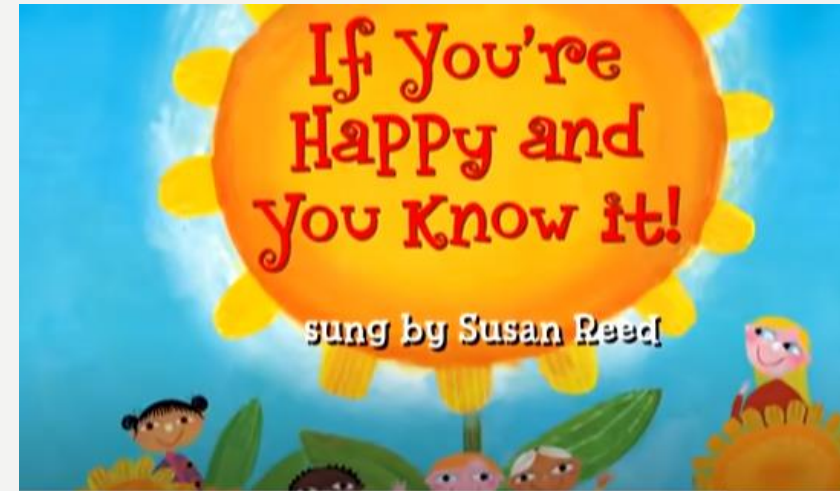
If You're Happy and You Know It

If you're happy and you know it, Clap your hands
If you're happy and you know it, Clap your hands
If you're happy and you know it, Then your face will surely show it
If you're happy and you know it, Clap your hands.



If you're happy and you know it, Stomp your feet
If you're happy and you know it, Stomp your feet
If you're happy and you know it, Then your face will surely show it
If you're happy and you know it, Stomp your feet.

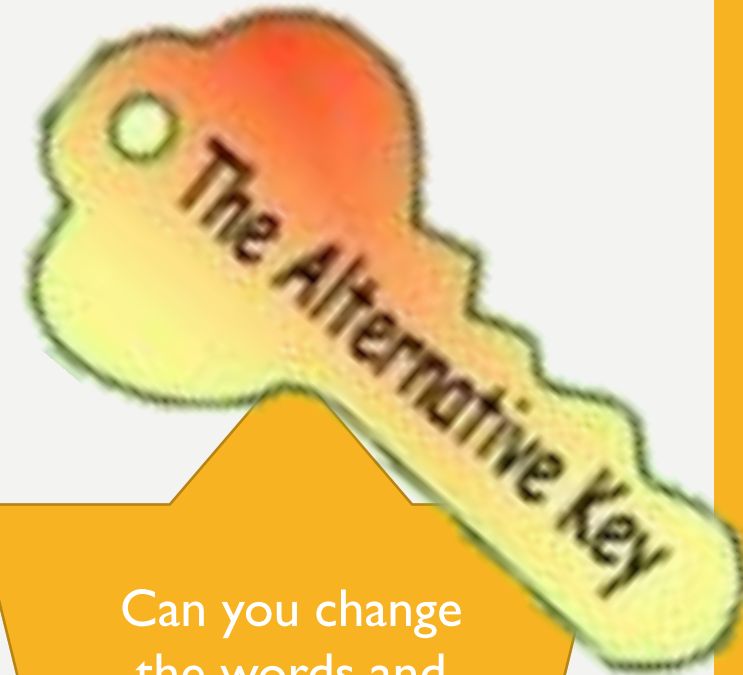
If you're happy and you know it, Shout "Hurray!"
If you're happy and you know it, Shout "Hurray!"
If you're happy and you know it, Then your face will surely show it
If you're happy and you know it, Shout "Hurray!"

If you're happy and you know it, Do all three
If you're happy and you know it, Do all three
If you're happy and you know it, Then your face will surely show it
If you're happy and you know it, Do all three.



CREATE YOUR OWN SONG

- If you're  (energetic) and you know it
...*make 5 jumps*....
If you're  (sleepy)... and you know it
...*just yawn once*.....
If you're and you know it
Then your face will surely show it
If you're and you know it



Can you change the words and sing about your emotions?