

# Emotions Board Game

## Instructions

Roll the die and move your game piece that number of squares. Read the emotion written in the square and say a time when you have felt this emotion e.g. I feel happy when I am riding my bike.

The game can be for 2-4 players. The first player to get to the end wins!

# Emotions

happy

embarrassed

calm

cross

proud

confused

sad

scared

disgusted

astonished

sleepy

surprised

worried

Start

happy

embarrassed

calm

cross

proud

confused

sad

disgusted

astonished

sleepy

surprised

worried

happy

embarrassed

calm

cross

proud

confused

sad

scared

disgusted

astonished

sleepy

worried

Finish